

# JON FREGO

Senior Project Manager | jfrego@lamarconstruction.com

## Professional Profile

Jon Frego has over a decade of experience in residential and commercial construction, and has been with Lamar Construction Company since 2001. Jon has managed a variety of project types ranging from medical offices to manufacturing plants.

As Senior Project Manager, Jon oversees and coordinates all aspects of the construction phase, and will be the owner group's primary contact throughout the duration of the project. Jon will conduct weekly progress meetings with the clients, field management team, and subcontractors, ensuring that all parties are kept up to date.

## Project Experience Includes:

### AUTO DEALERSHIPS

- Fernelius Hyundai | Sault Ste. Marie, MI
- Fernelius Toyota | Cheboygan, MI

### FOOD HANDLING/PROCESSING

- Coca Cola North America | Paw Paw, MI
- Leprino Foods | Allendale, MI
- Leprino Foods | Lemoore, CA
- Leprino Foods | Tracy, CA

### HEALTH CARE

- Paw Paw Lake Medical Center | Coloma, MI
- Shoreline Wellness Center | South Haven, MI
- Star Health Medical Center | Paw Paw, MI

### HOSPITALITY/RETAIL/SERVICE

- Alger Hardware | Grand Rapids, MI
- Gezon High | Wyoming, MI
- Lakeshore Sewing | Wyoming, MI

### MANUFACTURING/INDUSTRIAL

- Challenge | Grand Rapids & Holland, MI
- Siemens | Zeeland, MI
- Plascore | Zeeland, MI
- Whirlpool | St. Joseph, MI

### OFFICE

- Koops Inc. | Holland, MI
- Leprino Foods Office Expansion | Allendale, MI
- Leprino Foods Office Expansion | Lemoore, CA

### SPORTS/RECREATION/EVENT

- Yacht Basin Marina | Holland, MI



## Education

A.S. (Construction Technology)  
Ferris State University  
Big Rapids, MI

## Licenses & Certifications

10-Hour OSHA Certified  
30-Hour OSHA Certified  
CPR/First Aid Certified